

ESSENCE

**SORORITY
REPORT:
ROOTS
VS.
REALITY**

**FEELING
YOURSELF?
DANCE
MOVES
WE DARE
YOU TO
TRY**

**COLOR
POP!
EYES,
LIPS &
HAIR
TO
DYE
FOR**

**SEXY
AT
EVERY
SIZE**
STARRING
OITNB's
**LAVERNE,
SAMIRA,
DANIELLE,
ADRIENNE,
UZO & VICKY**

**WEIGHTY
ISSUE:
WHEN
POUNDS
BLOCK
YOUR
PURPOSE**



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JULY 2015

31 DAYS OF BLACK BEAUTY

SHOW OFF THAT GORGEOUS SKIN OF YOURS THIS SUMMER WITH THESE HEAD-TO-TOE BEAUTIFIERS
BY ANDREA JORDAN

1

Defy dryness with a super-hydrating serum that seals in moisture.



2

This refreshing face spritz has calming rose extract.



3

Gently exfoliate rough spots with a safe, water-based body peel.



4

Say hello to grown-up sparkly skin.



5

A light-weight face foam that moisturizes and tones.



6

Get your glow on year-round with this brightening mask.



7

It promises to reduce the appearance of cellulite.



8

The infomercial is on point—this callus smoother really works!



9

The seven-day system of smoothies, teas and a healthy meal plan aims to help you lose weight without starving.



10

This stick stops chafing everywhere, from underarms to thighs to feet.



11

Skin care meets sun care with a sweat-resistant formula that glides on clear.



12

This exfoliating gel helps prevent ingrowns after shaving.



13

A nicely scented cooling and hydrating lotion for him.



14

It's a spray-on depilatory that helps reduce future hair growth.



15

The concentrated nutrients in these liquid supplements address all your beauty concerns. ▽



1. Erno Laszlo Hydra-Therapy Refresh Infusion (\$100, ernolaszlo.com). 2. Jurlique Bloom Limited Edition Rosewater Balancing Mist Intense (\$65, Sephora). 3. Aquareveal Gentle Action Water Peel for Body (\$38, spacenk.com). 4. Tom Ford Shimmering Body Oil (\$95, neimanmarcus.com). 5. H2O+ Face Oasis Sea Foaming Toner (\$22, Kohl's). 6. GlamGlow Flashmud Brightening Treatment (\$69, Sephora). 7. NeriumAD Firming Body Contour Cream (\$110, mynerium.com). 8. AmoPedi Perfect Electronic Foot File (\$35, walmart.com). 9. Bikini Cleanse (\$189, bikini-cleanse.com). 10. Body Glide for Her Skin Protection Balm (\$8, bodyglide.com). 11. AmoPedi Perfect Sun Protection Stick SPF 50+ (\$40, Sephora). 12. Bliss 'Fuzz' Off Foam (\$32, blissworld.com). 13. Jack Black Cool Moisture Body Lotion (\$28, getjackblack.com). 14. Bliss 'Fuzz' Off Foam (\$32, blissworld.com). 15. Fountain Molecules Liquid Supplements (\$28–\$68 each, deciem.com).

16

This supplement nourishes skin, hair and nails with three beauty powerhouses—collagen, keratin and elastin.



19

This non-heavy spray-on lotion hydrates with safflower oil.



20

Buff away dead skin cells while taking in a citrusy aroma.



17

Philosophy's popular three-in-one—shower gel, shampoo and bubble bath—is now available in summer-friendly scents.



18

Give lackluster legs a bronzy boost with this self-tanning gel.



21

Fight body blemishes with an easy-to-use spray.



22

Revive dull skin with this luxurious body-silkening system.



23

Rehydrate hair and skin after exposure to sun, salt water or chlorine.



24

This rich and buttery cream smells like summer in a jar.



25

Sensitive skin types will love this light, moisturizing sunscreen for the face and body.



26

Chew your vitamins or help curb your appetite with gummy versions of your daily supplements.



27

Soothe irritations, from bug bites to burns, with this multi-purpose balm.



28

Detoxifying charcoal has hit the juice market. Go ahead and get clean inside!



29

This in-shower bronzer will give your entire body a sun-kissed glow in minutes.



30

Relish the delightful aroma of brandy and pear while exfoliating.



31

Weightless body lotions with out-of-the-ordinary scents like mango nectar, plumeria and pikake are perfect for the season. □



16. Reserveage Nutrition Trés Beauty 3 (\$60, The Vitamin Shoppe). 17. Philosophy The Lemonade Stand (\$26 for set, philosophy.com). 18. The Body Shop Honey Bronze Tinted Leg Mist (\$20, The Body Shop). 19. Burt's Bees Clementine & Calla Lily Sheer Body Lotion (\$10, burtsbees.com). 20. Soap & Glory Orangeasm Exfoliating Dry Oil and 1000 Grain Body Polish (\$12, beauty.com). 21. Paula's Choice Clear Acne Body Spray (\$24, paulaschoice.com). 22. Decleor Aroma Nutrition Satin Softening Dry Oil and 1000 Grain Body Exfoliator (\$54 and \$42, both at decleorusa.com). 23. Eufora AloeTherapy Moisture Mist for Hair and Body (\$24, eufora.net for locations). 24. Estée Lauder Bronze Goddess Whipped Body Creme (\$45, esteelauder.com). 25. Eau Thermale Avène Hydrating Sunscreen Lotion SPF 50+ (\$30, drugstore.com). 26. Healthy Delights Soft Chews (\$30, GNC). 27. Hey Honey 911 Pro Gel (\$44, heyhoney.com). 28. Juice Generation Beauty Bombs (\$58 for 6-pack, juicegeneration.com). 29. St. Tropez Gradual Tan In Shower Lotion (\$25, Ulta). 30. FarmHouse Fresh Brandy Pear Sea Salt Body Polish (\$34, farmhousefreshgoods.com). 31. Malle Organics Body Cream (\$32 each, malle.com).